

How often do you...?

Talking about how often you do things.

1. Warm up

Ask and answer the questions with a partner.

1. How many days of the week are there?
2. What are the days of the week?
3. Which are weekdays?
4. Which are weekend days?
5. What day is it today?
6. How many months are there in a year?
7. What are the months of the year?
8. What month is it now?

2. Vocabulary

A. Look at the activities and tick the ones you do.



go running



go out for dinner



meet friends



watch movies



go to the gym



go to the supermarket



read books



garden



listen to music



do laundry



go to the dentist



cook

B. Ask your partner questions about the activities on Page 1.

- e.g. **A** Do you watch TV?
B Yes, I do. / No, I don't.

C. Tell the class the things your partner likes and doesn't like to do.

3. How often do you?

A. Read the sentences and match the word/phrases in bold to a-f.

- | | |
|---|-----------------------|
| 1. ____ I go running every day . | a. 3 or 4 days a week |
| 2. ____ I watch TV twice a week . | b. 0 days a week |
| 3. ____ I do laundry once a week . | c. 2 days a week |
| 4. ____ I sometimes cook. | d. 5 or 6 days a week |
| 5. ____ I meet friends most nights . | e. 7 days a week |
| 6. ____ I never go to the gym. | f. 1 day a week |

B. Claire and John are talking about holidays. Read their conversation and complete 1-4.

Claire I am so excited about my holiday next week.

John How often do you go on holiday?

Claire I go on holiday once every three months. How often do you go on holiday?

John I go on holiday once every six months.

- Who goes on holiday more often?
- Claire goes on holiday _____ a year.
- John goes on holiday _____ a year.
- When asking 'How often do you...?' questions, use: (circle the best option)
infinitive with to (e.g. to watch) / **infinitive without to** (watch) / **verb + ing** (watching)

C. Read the example questions and answers. Can you see a pattern?

	Do	Subject	Verb	Object / Prepositional phrase	
1. How often	do	you	to watch	a movie?	
2. How often	does	she	to go	to the gym?	
			Adverb		Expression of frequency
3.		I	sometimes watch	a movie.	
4.		She	goes	to the gym	three times a week.

4. Practice

A. Unscramble the words to form sentences. Check Part 3C for help.

1. to the / twice a year / dentist / go / I

.....

2. on the weekend / gardens / she / sometimes

.....

3. the movies / to / they / once a week / go

.....

4. three times a week / works / he / home / from

.....

5. never / wash / I / car / my

.....

6. a restaurant / go to / we / four times a month

.....

B. Write 'How often do you...?' questions for the unscrambled sentences in Part 4A.

1.

2.

3.

4.

5.

6.

5. Conversation

A. Practice the conversation with a partner. Change roles and practice again.

A Do you go to the gym?

B No, I don't. How about you? Do you go to the gym?

A Yes, I do.

B Really? How often do you go to the gym?

A I sometimes go to the gym. / I go to the gym three times a week.

B. Start a conversation with your partner using the conversation above and the activities in Part 2A.

C. Write 'How often do you...?' questions to ask your partner or other students in your class.

1.

2.

3.

4.

D. Ask your partner or other students in your class the questions you wrote in Part 5B.

How often do you...?



Level: Beginner: A1
Updated: Jun 22, 2022
Language: Function: Asking and answering questions. Talking about daily life.
Forms: Adverbs. Present tense. Verb noun collocations.
Teaching time: 90 minutes.

Overview: Students are introduced to some verb noun collocations used to talk about activities in their daily lives and discuss which of them regularly do and don't do. Students will be able to form 'How often...' questions to ask out about the frequency that something occurs.

1. WARM UP

A warm up activity helps set the mood for the topic/lesson and is a good opportunity to assess students' ability to generate language as well as elicit target vocabulary used in the lesson. If students struggle to engage with their partners, ask questions to encourage participation. Allow a few minutes for students to complete the activity and continue the conversation if interesting.

Elicit answers from students and provide answers if necessary.

1. There are 7 days in a week.
2. The days of the week are Monday, Tuesday, Wednesday, Thursday, Friday, Saturday, and Sunday.
3. Monday, Tuesday, Wednesday, Thursday, and Friday are weekdays.
4. Saturday and Sunday are weekend days.
5. Today (it) is...
6. There are 12 months in a year.
7. January, February, March, April, May, June, July, August, September, October, November, and December are the months of the year.
8. It is...

2. VOCABULARY

- A. Read the activities to the class to model pronunciation and syllable stress and have students repeat after you. Answer any questions that arise. Individually, students read the verb noun collocations and tick/check the ones they do (sometimes or regularly).
- B. Read the example questions and answer to the class. In pairs, students ask 'Do you...?' questions for each of the activities in Part 2A. Students can put a tick/check in the box on the right of the activity if their partner responds "yes, I do" or a cross if they respond "no, I don't". Monitor and assist if necessary.
- C. Students can present what they learned about the activities their partner does and doesn't do. Remind students they will need to report using the 3rd persons. Assist if necessary.
e.g. Maya **meets** friends on the weekends.

3. HOW OFTEN DO YOU?

- A. Individually or in pairs, students read the sentences and match the words/phrases in bold to a-f. Students can compare their answers with a partner and discuss any differences or check answers as a class.
1. every day
 2. twice a week
 - e. 7 days a week
 - c. 2 days a week

3. once a week
4. sometimes
5. most nights
6. never
- f. 1 day a week
- a. 3 or 4 days a week
- d. 5 or 6 days a week
- b. 0 days a week

- B. In pairs, students read Claire and John's conversation about how often they go on holidays then discuss and answer the questions.
1. Claire goes on holiday more often than John.
 2. Claire goes on holiday **four times** a year.
 3. John goes on holiday **twice** a year
 4. When asking 'How often do you...?' questions, use: **infinitive without to** (e.g. watch)
- C. In pairs or as a class, students read the example questions and answer forms. Can they see a pattern? An adverb of frequency (sometimes) and expression of frequency (every day) are included. Explain that adverbs of frequency go **before** the main verb and **after** Be verb. Expressions of frequency (every day, twice a week, once a month, etc...) usually go at the end of a sentence. Board examples and discuss if necessary.

4. PRACTICE

- A. Individually, students unscramble the words to form sentences. Encourage students to check Part 3C for help. Students can compare their answers with a partner and discuss any differences or elicit answers from the class. Correct any mistakes and discuss further if necessary.
1. I go to the dentist twice a year.
 2. She sometimes gardens on the weekend.
 3. They go to the movies once a week.
 4. He works from home three times a week.
 5. I never wash my car.
 6. We go to a restaurant four times a month.
- B. Individually, students form 'How often do you...?' questions for the unscrambled sentences in Part 4A. Students can compare their answers with a partner by asking and responding to them together. Answer any questions that arise and correct any mistakes.
1. How often do you go to the dentist?
 2. How often does she garden?
 3. How often do they go to the movies?
 4. How often does he work from home?
 5. How often do you wash your car?
 6. How often do you go to a restaurant?

5. CONVERSATION

- A. In pairs, students practice the conversation, change roles and practice again.
- B. In pairs, students start a conversation using the conversation in Part 5A and the activities in Part 2A. Encourage students to continue the conversation by asking follow-up questions or by asking “How about you?” and repeating the question. Students should aim to have circular conversations, as in the example, to practice both “Do you...?” and “How often do you...?” questions.
As an extended activity, students can share what they discovered about their partner to the class.
- C. Individually, students write 4 ‘How often do you...?’ questions to ask their partner or other students in the class. Monitor and assist if necessary.
- D. In pairs or as a class, students ask and respond to the questions written in Part 5B. As an extended activity, students can share what they discovered about their partner to the class if working in pairs.