

Could you quit social media?

1 Vocabulary: Match the two halves.

I'm addicted	with [someone]
keep in touch	in the morning
put	doing [something]
give up	to [something]
first thing	away [something]



2 Reading: Read and fill in the spaces using the words below.

I could never quit social media! I'm addicted to technology! I keep in touch with my ¹..... through Facebook and Twitter. I'm into Instagram and use my phone to take ²..... of my daily life.



Sarah



Andrew

For me, social media is very important. I use WhatsApp all the time – sending messages and photos to friends. I ³..... ever call people nowadays.

I put away my phone when I'm with friends – and I never check social media when I'm at a restaurant.

I check my Facebook page first thing in the morning! I also read friends' tweets. I don't write things on Twitter myself, though.

I want to use social media less! I should ⁴..... off my phone...but I could never give up social media altogether.



Mark

Missing Words

hardly friends switch photos

3 **Summary:** How do Sarah, Andrew and Mark use social media?

1. Sarah
2. Andrew
3. Mark

4 **Vocabulary Building:** Fill in the spaces.

1. Jimmy never his toys. His bedroom is really untidy!
2. Anne is coffee. She has over five cups a day!
3. I'm really worried. Did I the oven? I can't remember!
4. I still with friends from my elementary school.
5. I have an espresso in the morning. It helps wake me up!

addicted to first thing puts away switch off keep in touch

5 **Using the Vocabulary:** Ask and answer the questions.

1. Are you a tidy person? Does everyone in your family **put** things **away**?
2. What food or drink are you **addicted to**?
3. Are you good at **keeping in touch with** people? Who is your oldest friend?
4. What do you do **first thing in the morning**?
5. When you go to bed, do you **switch off** and unplug everything?

6 **Discussion:** Work with a partner or in small groups.



- How many social media sites do you use?
- Which do you prefer: calling people or using social media. Why?
- From what age can people use social media?
- Could you quit social media for a week? How about forever?
- Your ideas!

The Top 20 Most Popular Social Media Sites and Apps

Instructions

Tick (☑) the sites which you use. Write ? if you haven't heard of a site.

Compare with a partner.

1. Facebook
2. YouTube
3. WhatsApp
4. Facebook Messenger
5. WeChat
6. Instagram
7. Tumblr
8. QQ
9. QZone
10. Sina Weibo
11. Reddit
12. Twitter
13. Baidu Tieba
14. Skype
15. LinkedIn
16. Viber
17. Snapchat
18. LINE
19. Pinterest
20. Telegram

Could you quit social media?

Teaching Notes

Target Structures:	N/A (Reading, Speaking, Vocabulary)
Vocabulary:	General
Level:	Upper Elementary / Lower Intermediate
Time:	One Hour
Preparation:	Make one copy for each student

Suggested Teaching Method:

Are your students active on social media? Are they uploading photos of their meals and tweeting status updates to friends? Or do they prefer to call people instead?

This worksheet has short vox-pop readings, with vocabulary-building exercises and discussion questions.

- 1** Before distributing the worksheets, you could write 'social media' on the board and have students speculate on the meaning. Elicit feedback. You could also elicit the top five social media platforms. (See list on page three.)

Explain that the reading is about three people who use social media. Direct your students to the vocabulary. Demonstrate or elicit the answer to addicted. (I'm addicted to something.) Students should work alone and check in pairs.

Alternatively, you could make this easier by having students jump to (2) and read the three mini-texts and find the answers.
- 2** Direct your students' attention to the words beneath the reading passage.

Students should work alone, and read the text at a brisk pace, filling in the spaces. Encourage them to underline any parts that are unclear, and move on, rather than consult dictionaries.

Students can check their answers with a partner. Go through the answers with the group,
- 3** Students can write very brief notes on how each person uses social media. You could demonstrate the exercise by writing brief notes on the board for Sarah.

Students can work in pairs. Elicit feedback.
- 4** Students can work alone and then check their answers in pairs. You could ask your students for the opposite of 'first thing in the morning'. [Last thing at night]
- 5** This exercise gives your students the opportunity to personalise the language. Assign new pairs or groups of three. Have students read through the questions before beginning. Answer any vocabulary questions.

You could set these questions as homework. Have students write a sentence or two for each answer.

Students can discuss the topics in their groups. Monitor and make notes. Encourage students to use the language in bold in their answers.
- 6** Reassign groups. Students should again read all the questions first, before beginning the discussion.

Optional Activity: Hand out the list of top-20 site, and have students fill out which platforms they use or have never heard of.

Encourage eye contact and follow-up questions during the discussion.

While the students are speaking, monitor the conversations, but try not to interrupt. When the discussion comes to a close, ask a few of the questions yourself, and go through any points of English you made a note of while monitoring.

Answer Key (Other answers may be possible.)

- ①
- | | |
|---------------|-------------------|
| I'm addicted | to [something] |
| keep in touch | with [someone] |
| put | away [something] |
| give up | doing [something] |
| first thing | in the morning |
- ②
1. friends
 2. photos
 3. hardly
 4. switch
- ③
1. Sarah uses Facebook, Twitter and Instagram.
 2. Andrew uses WhatsApp to send messages and photos to friends.
 3. Mark uses Facebook. He also reads other people's tweets.
- ④
1. Jimmy never puts away his toys. His bedroom is really untidy!
 2. Anne is addicted to coffee. She has over five cups a day!
 3. I'm really worried. Did I switch off the oven? I can't remember!
 4. I still keep in touch with friends from my elementary school.
 5. I have an espresso first thing in the morning. It helps wake me up!