Are you online too much?

0	Before You Read	Think about how you use the Internet. Fill in the spaces.	
		You	Your Partner
	• the website you check the most		
	the person you email the most		

2 Vocabulary Match the two halves of the collocations:

to be addicted the Internet
to send relieved
to surf generation
to feel to the Internet
the older your phone off
to turn a message

Reading

Read the text and fill in the spaces.

Jess

"I think all my 1...... are addicted to the Internet! Everyone at my university is online. I don't call people on the phone. Instead I just send a quick message on Facebook or WhatsApp.

I went abroad on holiday last year, and my mobile phone didn't work. It was terrible! I couldn't check my ²...... or surf the Internet. I felt so relieved when I got back home! ⁹⁹





Rachel

I think computers are a useful tool. However, I like to read books and watch TV with my family. I don't really need a computer at home. **

David

I use the Internet quite a lot. I feel sorry for the older generation. I think there is too much pressure to do everything online. **



4 Did you understand?

Ask and answer the questions with partner.

- 1. Who uses the Internet the most: Jess, Rachel or David?
- 2. Why did Jess have problems abroad last year?
- 3. Why doesn't Rachel use computers much at home?
- 4. Why doesn't David go to his bank very often?
- 5. Why does David feel sorry for the older generation?

Using the Expressions

Use your imagination to fill in the spaces for each sentence.

- 2. | feel sorry for
- 3. can be difficult for **the older generation**.
- 4. Jimmy **felt very relieved** when Sarah told him
- 5. People should **turn their phones off** when

Discussion

Work with a partner or in small groups.

Benefits of the Internet / Email Dangers of the Internet / Email

Are you online too much? Teaching Notes

Target Structure:	Reading, Vocabulary Building, Discussion	
Vocabulary:	General	
Level:	Intermediate and above	
Time:	45 - 60 minutes, depending on discussion	
Preparation:	None	

Suggested Teaching Method

Taking technology as its theme, this worksheet will help your students with their reading, vocabulary and discussion skills.

Give one worksheet to each student. Elicit the questions for the lead-in. (Which website do you check the most? / Who do you email the most?) Have students write their answers on the worksheet. Students can then ask their partner the questions and fill in the 'Your Partner' column.

Elicit feedback from the group.

- 2 Students can work alone and check in pairs. Go through the answers with the group.
- Set the reading task by writing four words on the board: *restaurants, cheaper, check* and *generation*. Have students read the text, filling the blanks.

When they have finished, elicit the answers and go through any vocabulary questions briefly.

- 4 Assign pairs. Students should ask and answer the questions. Go through the answers with the group.
- Have students read through the sentences first, without writing anything. Answer any vocabulary questions. Elicit an example for number one or give an example of your own. (You could encourage humour: addicted to coffee, chocolate, Game of Thrones etc.) Students can either work alone or in (new) pairs.

When finished, students can share their sentences with classmates.

Elicit some example sentences.

You could begin by having students write in the columns the benefits / dangers written in the text they have read.

Benefits: don't need to phone people / good for work / can bank online

Dangers: Addiction, expensive / no good abroad / difficult for older generation

Have students work in small groups and discuss other benefits and dangers to the Internet.

Go through your students' suggestions with the group.

Answer Key (Other answers may be possible.)

to be addicted to the Internet to send a message to surf the Internet to feel relieved the older generation

to turn

1. generation
2. check
3. restaurants
4. cheaper



- 1. Jess uses the Internet most.
- 2. Because her mobile phone didn't work abroad.
- 3. She prefers to read books or watch TV with her family at home.
- 4. Because he can check his bank account with his mobile phone.

your phone off

5. Because there is too much pressure to do everything online.

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